



LUNCH

LUNCH CHOICE: PBJ, CHEESE STICK, CRACKER

JANUARY 2023 FAIRLESS ELEMENTARY

ALL MEALS COME WITH A
CHOICE OF MILK

FAIRLESS LOCAL IS AN EQUAL
OPPORTUNITY PROVIDER

Monday

Tuesday

Wednesday

Thursday

Friday

NO
SCHOOL

2

NO
SCHOOL

3

CEREAL, CRACKER, FRUIT & OR JUICE

APPLE GLAZED TEXAS TOAST
SAUSAGE
HASH BROWN
FRUIT, MILK

4

SNACK'N WAFFLE, FRUIT & OR JUICE

MINI CORN DOGS
FRENCH FRIES
GREEN BEANS
FRUIT, OR JUICE,
MILK

5

BREAKFAST PIZZA, FRUIT & OR JUICE

PIZZA MUNCHABLE
PEPPERONI, CHEESE,
W/G FLATBREAD, MARINARA SAUCE,
FRUIT, WELCH'S FRUIT CHEWS, MILK
FLATBREAD 644182

6

CEREAL, FRUIT & OR JUICE

9

CHICKEN TENDERS
GLAZED CARROTS
CHEEZ-IT'S
FRUIT
MILK

FALCON MUFFIN, FRUIT & OR JUICE

10

ROASTED HOT DOG
W/G BUN, FRENCH FRIES
BAKED BEANS
SIDEKICK, MILK

CINNAMON ROLL, FRUIT & OR JUICE
505333

11

CHEESE PIZZA
BROCCOLI SALAD
OR CORN
FRUIT, MILK

EGG & CHEESE ON A BAGEL, JUICE
274458

12

POPCORN CHICKEN,
MASHED POTATOES,
GREEN BEANS, ROLL, FRUIT,
MILK

BREAKFAST PIZZA, FRUIT & OR JUICE

13

NACHO'S WITH
W/G CHIPS
MEAT, QUESO CHEESE, OR NACHO
CHEESE, LETTUCE
MANDARIN ORANGES, MILK

NO
SCHOOL

16

FALCON MUFFIN, FRUIT & OR JUICE

17

McRib ON A W/G BUN
BAKED BEANS
CHIPS
FRUIT, MILK

CINNAMON ROLL, FRUIT & OR JUICE

18

CHICKEN NUGGETS
CHEEZ-ITS
PARSLEY POTATO'S
CORN, FRUIT, MILK

SNACK'N WAFFLE, FRUIT & OR JUICE

19

ROTINI W/ MEATBALLS
GARLIC TOAST
ROMAINE SALAD
FRUIT, MILK

BREAKFAST PIZZA, FRUIT & OR JUICE

20

TURKEY MUNCHABLE
CRACKERS, TURKEY COINS, CHEESE,
FRUIT, WELCHES FRUIT SNACK,
CARROTS, MILK

CEREAL, FRUIT & OR JUICE

23

CHICKEN PATTY
ON A W/G BUN, FRIES
BROCCOLI W/ CHEESE, OR CORN,
FRUIT, MILK

FALCON MUFFIN, FRUIT & OR JUICE

24

TACO
MEAT, CHEESE, LETTUCE,
SPANISH RICE,
REFRIED BEANS,
FRUIT, MILK

CINNAMON ROLL, FRUIT & OR JUICE

25

EGGO EMOJI WAFFLES
SAUSAGE
TATOR TOTS OR SWT. POT. TOTS
FRUIT JUICE, MILK

EGG & CHEESE ON A BAGEL, JUICE

26

MACARONI N CHEESE
GREEN BEANS
FRUIT, COOKIE,
MILK

BREAKFAST PIZZA, FRUIT & OR JUICE

27

BOSCO STICK
MARINARA SAUCE
CORN
FRUIT, MILK

CEREAL, FRUIT & OR JUICE

30

SWEET-N-SOUR CHICKEN
FRIED RICE
PEAS AND CARROTS
FRUIT, FORTUNE COOKIE

FALCON MUFFIN, FRUIT & OR JUICE

31

HAMBURGER
FRIES
BAKED BEANS
FRUIT, MILK

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

BREAKFAST INCLUDES FRUIT & OR JUICE

BREAKFAST \$2.00, FOR REDUCED .30

W/G = WHOLE GRAIN

LUNCH \$3.00, FOR REDUCED .40

