



LUNCH CHOICE, PBJ, CHEESE STICK, CRACKER

NOVEMBER 2022

FAIRLESS HIGH SCHOOL

ALL MEALS COME WITH A CHOICE OF MILK

FAIRLESS LOCAL IS AN EQUAL OPPORTUNITY PROVIDER

Monday

Tuesday

Wednesday

Thursday

Friday



FALCON MUFFIN, FRUIT & OR JUICE **7**
CHICKEN OR SPICY CHICKEN PATTY, W/G BUN BROCCOLI FRUIT, MILK

FALCON MUFFIN, FRUIT & OR JUICE **14**
CHICKEN TENDERS W/ CHEEZ ITS OR CHICKEN WRAP FRIES OR SWT. POT FRIES FRUIT, MILK

FALCON MUFFIN, FRUIT & OR JUICE **21**
CHICKEN NUGGETS FRIES GOLDFISH CRACKER FRUIT, MILK

NO SCHOOL **28**

PANCAKES, FRUIT & OR JUICE **1**
WALKING TACO W/ MEAT, CHEESE, LETTUCE, SALSA SPANISH RICE FRUIT, MILK

FRENCH TOAST, FRUIT & OR JUICE **8**
CHEESE QUESADILLA W/ SHRED LETTUCE, TOMATOES CORN, WELCH'S FRUIT CHEWS FRUIT, MILK

WAFFLE, FRUIT & OR JUICE **15**
FIESTADA PIZZA ROMAIN SALAD MINI ICE CREAM SANDWICH FRUIT, MILK

MUFFIN & OR JUICE **22**
CHEESY BREADSTICKS CORN FRUIT MILK

FRENCH TOAST STIX, FRUIT & OR JUICE **29**
NACHO'S W/G CHIPS, TACO MEAT NACHO CHEESE OR QUESO CORN, FRUIT, MILK

FALCON MUFFIN, FRUIT & OR JUICE **2**
TOASTED CHEESE SANDWICH TOMATO SOUP OR TORTILLA SOUP ROMAIN SALAD, FRUIT, MILK

FALCON MUFFIN, FRUIT & OR JUICE **9**
PANCAKES OR FRENCH TOAST TATOR TOTS, OR SWT. POT. TOT SAUSAGE JUICE OR MILK

FALCON MUFFIN, FRUIT & OR JUICE **16**
MINI CORN DOGS FRIES COLESLAW FRUIT, MILK

NO SCHOOL **23**

FALCON MUFFIN FRUIT & OR JUICE **30**
FRENCH TOAST OR PANCAKES SAUSAGE, TATOR TOTS JUICE, MILK

MARY ANN'S DONUT, FRUIT & OR JUICE **3**
BBQ PORK TOTS W/ W/G ROLL OR BBQ PORK ON W/G BUN TATOR TOTS, CHEESE FRUIT, MILK

MARY ANN'S DONUT, FRUIT & OR JUICE **10**
RODEO BURGER FRIES, GREEN BEANS GOLDFISH CRACKER FRUIT, MILK

MARY ANN'S DONUT, FRUIT & OR JUICE **17**
PIZZA CRUNCHERS OR BOSCO STICK BAKED BEANS FRUIT, MILK



FALCON MUFFIN, FRUIT & OR JUICE **4**
PIZZA CHIPS CARROT STICKS FRUIT, MILK

FALCON MUFFIN, FRUIT & OR JUICE **11**
FALCON BURGER FRIES BAKED BEANS FRUIT, MILK

FALCON MUFFIN FRUIT & OR JUICE **18**
TURKEY GRAVY MASHED POTATOES GREEN BEANS, JELLO W/ FRUIT ROLL, COOKIE MILK

NO SCHOOL **25**



MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

BREAKFAST INCLUDES FRUIT & OR JUICE & MILK

BREAKFAST \$2.00 OR .30 FOR REDUCED
LUNCH IS \$3.25 OR .40 FOR REDUCED

W/G = WHOLE GRAIN