



LUNCH CHOICE, PBJ, CHEESE STICK, & CRACKER

NOVEMBER 2022

FAIRLESS MIDDLE SCHOOL

ALL MEALS COME WITH A CHOICE OF MILK

FAIRLESS LOCAL IS AN EQUAL OPPORTUNITY PROVIDER

Monday

Tuesday

Wednesday

Thursday

Friday



7
BREAKFAST PIZZA, FRUIT & OR JUICE
CHICKEN OR SPICY CHICKEN PATTY, W/G BUN
BAKED BEANS
FRUIT, MILK

1
PANCAKES, FRUIT & OR JUICE
WALKING TACO
MEAT, CHEESE, LETTUCE
SALSA,
SPANISH RICE,
FRUIT, MILK

2
MARY ANN'S DONUT, FRUIT & OR JUICE
TOASTED CHEESE SANDWICH
TOMATO SOUP
ROMAINE SALAD
FRUIT, MILK

3
FALCON MUFFIN, FRUIT & OR JUICE
BBQ PORK TOTS W/ W/G ROLL OR BBQ PORK, ON W/G BUN
TATOR TOTS, CHEESE
CORN, FRUIT, MILK

4
BREAKFAST PASTRY, FRUIT & OR JUICE
PEPPERONI SUPREME PIZZA
504622 FRIES
BAKED BEANS
FRUIT, MILK

14
BREAKFAST PIZZA, FRUIT & OR JUICE
CHICKEN TENDERS
CHEEZ ITS
TATOR TOTS, OR SWT. POT. TOT
FRUIT, MILK

15
WAFFLE, FRUIT & OR JUICE
FIESTADA PIZZA
ROMAINE SALAD
JELLO W/ FRUIT
MILK

16
MARY ANN'S DONUT, FRUIT & OR JUICE
MINI CORN DOGS
FRIES
BROCCOLI SALAD
FRUIT, MILK

17
FALCON MUFFIN, FRUIT & OR JUICE
TURKEY GRAVY
MASHED POTATOES
GREEN BEANS, FRUIT
ROLL, PUMPKIN COOKIE, MILK

18
BREAKFAST PASTRY, FRUIT & OR JUICE
PIZZA CRUNCHERS
BAKED BEANS
FRUIT, MILK

21
BREAKFAST PIZZA, FRUIT & OR JUICE
CHICKEN NUGGETS
FRIES
FRUIT, GOLDFISH CRACKER
MILK

22
MUFFIN & OR JUICE
BOSCO STICK
MARINARA SAUCE
CORN
FRUIT, MILK

23
NO SCHOOL



25
NO SCHOOL

28
NO SCHOOL

29
CEREAL, CRACKER, FRUIT & OR JUICE
NACHO'S
W/G CHIPS, TACO MEAT,
NACHO CHEESE OR QUESO
CORN
FRUIT, MILK

30
MARY ANN'S DONUT, FRUIT & OR JUICE
FRENCH TOAST,
SAUSAGE, TATOR TOTS
JUICE, MILK



MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

BREAKFAST INCLUDES FRUIT & OR JUICE & MILK

BREAKFAST \$2.00 OR .30 FOR REDUCED
LUNCH IS \$3.25 OR .40 FOR REDUCED

W/G = WHOLE GRAIN