

AUGUST 2022

FAIRLESS MIDDLE SCHOOL SCHOOL

ALL MEALS COME WITH MILK
FAIRLESS LOCAL IS AN EQUAL
OPPORTUNITY PROVIDER

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3

4

5

**BE SURE TO FILL
OUT YOUR
FREE AND REDUCED
APPLICATION
THIS SCHOOL YEAR!**

8

9

10

11

12

**MEALS ARE
NOT
FREE THIS YEAR
PER THE FEDERAL
GOVERNMENT**

15

16

CEREAL, CRACKER, JUICE
6TH GRADE ONLY
CHICKEN NUGGETS
W/ CRACKER, FRENCH FRIES
BAKED BEANS
APPLESAUCE
MILK

17

CEREAL, CRACKER, JUICE

CALZONE
GREEN BEANS
FRUIT/FRESH FRUIT
MILK

18

CEREAL, CRACKER, JUICE

PIZZA CRUNCHERS
CORN
FRUIT/FRESH FRUIT
MILK

19

CEREAL, CRACKER, FRUIT,
JUICE, FRUIT

22

DONUT, FRUIT/FRUIT JUICE

23

PANCAKES
SAUSAGE
HASH BROWN
JUICE
MILK

PARFAIT, FRUIT/JUICE

24

NACHO'S
BEEF, CHEESE, LETTUCE
CELERY STICKS
FIESTA RICE
FRUIT/FRESH FRUIT, MILK

FALCON MUFFIN, FRUIT/JUICE

25

CONEY DOG OR HOT DOG
MAC N CHEESE
GREEN BEANS
FRUIT/FRESH FRUIT, MILK

CEREAL, CRACKER, JUICE

26

CHEESY BREAD
MARINARA SAUCE
CARROTS, ROMAINE SALAD
FRUIT/FRESH FRUIT

CEREAL, CRACKER, FRUIT

29

CHICKEN TENDERS
EMOJI FRIES
BAKED BEANS
FRUIT/FRESH FRUIT
MILK

WAFFLE, JUICE

30

HAM & CHEESE POCKET
GREEN BEANS
FRUIT/FRESH FRUIT
MILK

PARFAIT, FRUIT/JUICE

31

HAMBURGER
FRIES
CARROTS
FRUIT/FRESH FRUIT
MILK